Tzatziki Recipe

Ingredients:

- 2 cups Greek yogurt
- 1 cucumber, grated and drained
- 2-3 cloves garlic, minced
- 1 tablespoon extra-virgin olive oil
- 1 tablespoon fresh lemon juice
- 1 tablespoon fresh dill, chopped
- Salt and pepper to taste

Instructions:

- 1. Grate the cucumber and place it in a clean kitchen towel. Squeeze out excess moisture.
- 2. In a bowl, combine the Greek yogurt, grated and drained cucumber, minced garlic, olive oil, lemon juice, and chopped dill. Mix well.
- 3. Season with salt and pepper to taste.
- 4. Cover and refrigerate for at least an hour to allow the flavors to meld.
- 5. Serve as a dip, sauce, or condiment with pita bread, grilled meats, or as a side dish. Enjoy your homemade Tzatziki!